

## Swim Clinic Ltd – Covid-Safe Policy

Our Covid Safe plan has been put together following guidance from the government, Swim England, and other regulatory bodies.

The management/admin team and teachers have undergone training to understand and implement the measures that we have in place during these times.

The information below is updated as guidance changes.

### Arrival at the pool.

Swim Clinic will display a QR code at the entrance to the pool building. This enables attendees to register their attendance by scanning the code, using the NHS Test & Trace app.

1. We regret that parents are not permitted to be in the pool area and therefore hand their child to a member of our staff at the door. Can parents please wait in their car in the car park while the lesson is running. **We ask that parents don't leave the venue** as in case of sickness or accident we will need to call the parent to ask them to return immediately to the pool. Please also ensure that your contact numbers held by us are up to date.
2. To get children to their lesson on time, **please ensure your child is at the pool entrance door 10 minutes before the lesson time, wearing hat and goggles (goggles optional) and ready to check in. We will close the entrance door 5 minutes before the lesson is due to start** to allow us time to get children into the pool for the start of their lesson. This also reduces cross over with children exiting the pool, to avoid the potential of covid transmission.
3. If you don't arrive on time, or if you aren't ready to check in, you will need to wait outside the building until the pupils from the previous lesson time have left the poolside area and are either in the changing room or have left the building. Pupils must only enter the building when a member of staff is present to take their temperature and enter them onto the register.
4. As pupils arrive at the pool a member of Swim Clinic staff will be at the entrance door and will take their temperature using a non-invasive forehead reading thermometer. Any pupil presenting with a high temperature (over 37.8c) will not be permitted to attend their lesson.
5. Upon arrival anyone entering the pool enclosure is asked to sanitise their hands – sanitizer will be located near the entrance door.

6. We keep a register of all children attending the venue.
7. Pupils to arrive for their lessons 'beach ready' which means that they are wearing their swim wear under their clothes. Please keep the top layer of clothes simple for your child to remove. During winter months please leave coats with parent at the entrance door as we have no facility for coat storage at poolside.
8. All shoes must be removed before going into the changing room and pool area and must be stored where requested. Shoes that have been worn outside are not to be taken into the pool area either carried or in a bag.
9. Children will be taken to designated areas for wait for their lessons. They will remove their outer clothing and put it into their bag (a small bag please, that they will need to bring with them – no holdalls) and place in the large plastic bucket provided. At the end of each lesson children can collect their bag and either go to the changing room or straight to the exit to meet their parent. If it has been pre-agreed with Swim Clinic, a parent may enter the changing room to help their child dress (children 5 or under). After the buckets are emptied, they will be sanitised. Please ensure your child only brings items that are required whilst in the building please. Coats, hats, scarves etc to be left with the parent at the door.
10. When the lesson is ready to start, the teacher will collect the children and take them to the pool. They will enter the pool in designated areas and exit in a specified area. This will ensure social distancing at poolside.

### Lessons.

1. In line with Swim England's guidance. The pool will be divided into designated areas for each lesson, with boundaries marked by a pool rope to keep pupils in the right area and avoid contact with other lessons.
2. The number of pupils in the pool and in each area of the pool will be in line with Swim England guidance.
3. The teacher will deliver lessons from poolside for pupils who are competent in the water. Beginners and non-swimmers will be taught by a teacher in the water. Teachers are asked to wear visors when in close contact with children in the pool. Masks are not suitable to be worn in the water. In the event of an emergency where a lifesaving rescue is required the lifesaver will perform the rescue in accordance with RLSS Covid guidance.

4. The national water body PWTAG have indicated that covid-19 is destroyed by chlorine.
5. Our business model is to have small classes with no parents in the water, other than in exceptional circumstances, such as a child with special needs. Please discuss this with our office team in advance of your first lesson as we are restricted by the number of people in the water at any one time.
6. Parents are not normally permitted in the poolside area. However, if there is a severe medical need parents must speak with our office team in advance of the first lesson to arrange to be at poolside, so that we can ensure the correct number of people are in the pool area.
7. Parents are not permitted to help other children who are outside of their family.
8. Teachers and other staff are not permitted to help children with hats and goggles, therefore children need to know how to do these themselves or enter the pool area with them already in place.

#### Exiting the pool and changing.

1. At the end of their lesson pupils will be directed to their allocated changing room.
2. Pupils age 6 and over will be expected to dress themselves.  
For children aged 5 and under, we are able to permit one parent into the changing room to dress their child. **This must be agreed in advance with Swim Clinic as the changing rooms at all our venues are small and space is limited.**  
Please note that the changing room used is to be the one for the gender of the parent (not the child who is being changed). If there is an older sibling also changing, if the child is age 8 years or older, they must be in the changing room appropriate for their gender.  
Parents must wear a mask whilst in the building and we will check temperature using the forehead method on entry. Shoes must also be removed please.  
Otherwise parents may prefer to send children with a hooded towel, dressing gown or dry-robe to put over their wet costume at the end of their lesson and either take them home or change them in their car. Obviously this option is more appropriate during warmer weather unless the car is parked very close to the pool entrance.
3. The showers in the changing room are unavailable. We regret that there will be no hair washing or showering facilities. We need to get pupils through the changing rooms as quickly as possible to ensure numbers in

the changing room at any one time are kept to a minimum. We therefore also need to respectfully ask our swimmers to ensure that they are out of the changing room and out of the building 15 minutes after their lesson has ended so that we can sanitise the changing rooms and bring the next set of children into the building.

#### Sanitising pool equipment and the poolside area.

1. Each teacher is responsible for the teaching aids and equipment they need for their lessons. PWTAG (the Pool Water Treatment Advisory Group) have advised that the covid19 virus is destroyed by chlorine and as such immersing equipment in the pool water for sanitisation is approved.
2. Hand sanitiser will be available at the entrance to the pool.
3. During our session we regularly sanitise in the pool area, changing rooms and toilets.

#### General

1. Social distancing - we respectfully ask that you consider others by observing social distancing, even if this is not a government requirement.
2. Parents are not permitted in the poolside area and no spectating is allowed.
3. In the event that a parent has to enter the pool building we ask that you respect others by wearing a mask.
4. Staff and pupils must not attend if they have any symptoms commensurate with those of Coronavirus. We reserve the right to exclude anyone who presents with symptoms that we feel may be an indication of Covid19. We will exclude any person (pupil or staff member) who presents with a high temperature, above 37.8c when taken by our staff member at the entrance door.
5. If a pupil does test positive for Covid19, Swim Clinic must be advised as soon as the family are aware and the pupil must not attend lessons. In this situation we ask families to co-operate with the government approved Test & Trace Service and Swim Clinic will also fully co-operate with this service and the requirements of the UK Health Security Agency (formerly Public Health England). Please only return to lessons when a doctor, Test & Trace or government guidelines advise that it's safe to do so.
6. If a child becomes unwell (with any illness) or injured during a lesson the parent may be asked to collect him/her and take them home, unless

treatment for a minor injury such as a cut or graze can be given at the time. Whilst awaiting the parent our staff will socially distance unless treatment is needed (such as a plaster to be applied) when the member of staff will use appropriate PPE, for example mask, gloves, apron.

7. Anyone present at lessons, either swimming or observing, who doesn't adhere to the guidelines laid down by the government at the prevailing time, or adhere to guidelines within this document, may be excluded from the session with immediate effect.

Please note that Swim Clinic are taking precautions to avoid transmission of Covid19 in line with guidance from the government, various national swimming related organisations and the policies of the schools that we hire from. Every attempt will be made to keep everyone safe but we obviously cannot guarantee that the virus will not be transmitted within our swim school.

These are difficult times for us all and we thank all our staff and customers for their co-operation.

Our overriding concerns are to keep pupils, their families and our staff safe and despite all the regulations to give pupils an enjoyable swimming experience.

**Whilst the government may ease restrictions please be aware that businesses are permitted to have a covid-safe plan in place relevant to their specific business. At this time all of the above restrictions are in place and will be reviewed regularly.**

**We may advise changes by email in advance of adding them to this document.**

Other information regarding our lessons can be found on our website [www.swimclinic.school](http://www.swimclinic.school)

Carole, Lucy and Katy.  
Swim Clinic Ltd

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